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YMCA CAMP LOMA MAR

2020 Counselor In Training Application and Information

Leadership Training Programs Camp Loma Mar

We offer Leadership Programs at Camp Loma Mar throughout summer. These programs were designed by campers to meet their needs and goals. They all offer opportunities to mentor and work with our staff and younger campers in a leadership role, but there is an emphasis on camp activities, opportunities for new experiences, and time spent with peers.

The Counselor In Training (CIT) program is the final step and is an opportunity for campers who have completed the 2 week leadership program (LIT), or who have demonstrated leadership through school, volunteer, or work experiences, to take on the challenges of leadership in camp. CITs make a 2 week commitment, and assist in a variety of camp program areas including sports, crafts, game leadership, evening programs, aquatics, etc. They are also role models for younger campers.

The CIT program is a competitive volunteer experience for those teens entering 12th grade and they must apply and interview for placement. They must be responsible, dependable, and self-motivated. They should have either completed our leadership program (LIT) or demonstrate proof of similar training and experience. Although supervised by camp staff, CITs must be able to work successfully as individuals and as part of a group. There is no charge for the CIT program.

What type of people are we looking for?

The CIT program is designed to build skills and provide leadership opportunities for teens. However, we are looking for participants who want to be at camp, are responsible, energetic, positive, and motivated. They must be a good role model and capable of working with diverse children in a positive and supportive manner.

Applicants for the CIT Program: Do not fill out a camp registration form. Return this completed CIT application and signed Code of Conduct directly to camp. **Applications are accepted January 1st - May 15th.** Counselor In Training positions are limited in number.

To apply for a CIT position, please fill out and return the attached application to:

YMCA Camp Loma Mar

Curtis Mackall

9900 Pescadero Creek Rd

Loma Mar, CA 94021

P 650.879.2100

F 650.879.2101

E cmackall@ymcaeastbay.org

YMCA CAMP LOMA MAR
2020 Counselor In Training (CIT) Application

Date _____ Camper Phone Number (____) _____
Camper Name (in full) _____ Camper Email _____
Address _____ City, State, Zip: _____
Current Grade in School _____ Your Birthday __/__/__ Age in June, 2019 _____ T-Shirt Size _____
Parent/Guardian Contact info: (Names, phones, emails) _____

Personal Information (attach additional sheet)

What are your hobbies and interests?
What do you think your best quality is?
In what area do you feel you need the most improvement?
Who is a role model for you and why?
Why do you want to be a CIT?

References

I have discussed the CIT program with the following people and they are supportive of my participation:

Name _____	Phone # _____	Relationship to you _____
Name _____	Phone # _____	Relationship to you _____
Name _____	Phone # _____	Relationship to you _____

Work & Volunteer Experience (attach additional sheet)

List any experience you have had working with children: _____
List any service projects you have been involved with: _____
Have you ever participated in a resident camp? If so, where and how?

List any other skills you feel would be helpful at camp:

For all participants: The facts set forth in the application are true and complete. I have read the program description and understand the goals and purpose of the program and agree to abide by camp rules and policies.

Participant Signature

Date

Parent/Guardian Signature

Date

Please circle which Session you would most like to attend (not guaranteed)

Circle one: **July 5 - 18**

July 19 - August 1

Transportation: __ own transport __ bus to camp __ bus from camp

If taking bus, which location: __EM Downer Y __Downtown Oakland Y

Counselor In Training Code of Conduct

1. CITs shall be a positive role model for youth by maintaining an attitude of respect, caring, patience, courtesy, tact, and maturity.
2. CITs shall use positive techniques of guidance, including redirection, positive reinforcement and encouragement rather than competition, comparison and criticism.
3. CITs should be aware of the health of children and tell the Health Center Coordinator or Program Director if something is noticed.
4. CITs shall respond to children with respect and consideration and treat all children equally regardless of sex, race, religion or culture.
5. CITs shall appear clean, neat, and appropriately attired.
6. CITs shall respect all children's right to not be touched in ways that make them feel uncomfortable and their right to say no.
7. CITs shall not abuse children including: physical injury (strike, spank, slap); verbal abuse (humiliate, degrade, threaten); sexual abuse (inappropriate touch or verbal exchange); unjustifiable punishment (shaming, cruelty); neglect (withholding food, water).
Any type of abuse will not be tolerated and may be cause for immediate dismissal from camp.
8. CITs should never put themselves in a position where they are alone with a child.
9. No child, regardless of age, should ever enter a bathroom alone in camp or on a field trip.
10. Using, possessing, or being under the influence of alcohol or illegal drugs is prohibited. Smoking or use of tobacco is also prohibited.
11. Profanity, inappropriate jokes, sharing of intimate details of one's personal life, and any kind of harassment is prohibited.
12. CITs shall refrain from intimate displays of affection towards others. Personal relationships beyond friendship are not appropriate at camp.
13. CITs must be supervised by a staff member at all times.
14. CITs are required to report observed violations of the Code of Conduct to the Summer Director.
15. CITs will not be able to leave camp other than with a parent or legal guardian.
16. At no time will CITs be with staff members during activities unrelated to camp or outside of camp unless it is an organized camp trip with appropriate staff supervision.
17. CITs are to remain on Camp for the duration of their stay at Camp.
18. CITs will not be permitted to drive, or have a vehicle at Camp without a note from parent/guardian on file with Program Director.
19. Auto keys must be handed in to Program Director upon arrival. They will be returned at departure time.
20. CITs will be required to be in their bunks no later than 10:00 pm.
21. CITs and parents must understand that CITs are considered campers and at no time are to call themselves or solely play the role of a YMCA Staff member.

I have read and understand that any violation of this Code of Conduct may result in dismissal from camp and greatly reduce my ability to return to Camp as a future Counselor In Training or Staff Member.

Print CIT Name

CIT Signature

Date

I have read and understand that any violation of this Code of Conduct may result in me picking up my son/daughter at anytime during their stay at Camp.

Parent/Guardian Name

Parent/Guardian Signature

Date
