



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH PROGRAM SCHEDULE

OAKLAND YMCA

Registration Opens October 1st

Fall 2 session | November 4th – December 21st

MONDAY



WEDNSDAY

Dance 101
4:15-4:55pm
Ages:3-5 Y/O



SATURDAY

Pre-Ballet
9:30-10:15am
3-5 Y/O

Stem FUNdamentals using LEGO

9:30-11:30am
Ages: 5-10 Y/O

Dance 201
10:30-11:15am
Ages: 6-8 Y/O



CLASS DESCRIPTIONS

Family Yoga : Ages 2+

This yoga class is designed to introduce children to the wonderful world of yoga poses and activities and become aware of their inner selves through music, laughter and play! . Parent and Child yoga

Coming Soon !!!!!!!!!!!

Cost: Facility Member \$20 / Non-Member \$30

Youth Pre-Ballet : Ages 3-5years old

Our instructors lead participants in an introduction to ballet basics. Children will enhance balance, coordination, rhythm, and dance skill in a nurturing environment. We invite family and friends to join us the end of each session for a dance performance!

Cost: Facility Member \$75 / Non-Member \$100

Stem FUNdamentals using LEGO : 5-10 Years old (6weeks)

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Boats, Snowmobiles, and Battle tracks! Design and build as never before and explore your craziest ideas. Starting November 9th - December 14th

Cost: Facility Member \$140 / Non-Member \$150

Dance 101 : Ages 3-5 years old

Explore many different styles of dance while improving balance, coordination, and motor skills. Students will be introduced to basic techniques from ballet, modern, hip hop, and world dance in a fun and playful class.

Cost: Facility Member \$75 / Non-Member \$100

DANCE 201 Ages 6-8 Years old

Exploring the elements of dance, Dance 201 builds a foundation of curiosity, enjoyment, and exploration of dance. Which develops A healthy way to let off steam and explore the world!

Cost: Facility Member \$75 / Non-Member \$100

QUESTIONS ?

Ryan Babbitt

Youth and Families Program Director

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YOUTH BASKETBALL SCHEDULE

OAKLAND YMCA

Registration Opens October 1st
Fall 2 session | November 4th – December 21st

MONDAY

Youth Basketball Clinic
5:30-6:30pm
Ages: 7-8 Y/O

Youth Basketball Clinic
6:30-7:30pm
Ages: 11-13 Y/O

After 7:30pm Individual basketball training
Ages: 3-17 Y/O

TUESDAY

After 7pm Individual basketball training
Ages: 3-17 Y/O

WEDNESDAY

Youth Basketball Clinic
5:30-6:20pm
Ages: 3-6 Y/O

Youth Basketball Clinic
6:30-7:30pm
Ages: 9-10 Y/O

After 8pm: Individual basketball training
Ages: 3-17 Y/O

THURSDAY

After 7pm Individual basketball training
Ages: 3-17 Y/O

SATURDAY

Youth Basketball Clinic
10-11am
Ages: 3-6 Y/O

Youth Basketball Clinic
11:10-12:10pm
Ages: 7-8Y/O

Youth Basketball Clinic
12:15-1:15pm
Ages: 9-10 Y/O

Youth Basketball Clinic
1:20-2:10pm
Ages: 11-13 Y/O

After 2:30pm: Individual Basketball training
Ages: 3-17 Y/O

SUNDAY

After 8-10AM Individual basketball training



YOUTH BASKETBALL | BALL HANDLING TRAINING

This session puts the attention on ball-handling skills and techniques. Through instruction and drills, coaches help players to improve their skills. In addition 30 minute games each practices

Location : Gym

Ages: 3-13 years

Fall 2 Session : November 4th—December 21st (8 weeks)

Cost | Facility Member \$75 / Non-Member \$100

INDIVIDUAL BASKETBALL TRAINING

Be ready for the next level by working with a highly experienced basketball coach, through Individual Basketball Training offered at the Y. Advance your basketball skills to achieve that competitive edge and reach a higher level of playing. Basketball Training is open to Y members of all ages.

Cost | Facility Member \$30 / Non-Member \$45 Pre Session

QUESTIONS ?

Ryan Babbitt

Youth and Families Program Director

P 510 318 7666

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FAMILY FUN FOR EVERYONE

Family Time Events
OAKLAND YMCA



KIDS NIGHT OUT

EVERY 1ST FRIDAY FROM 6-10PM

Kids Nigh Out offers parents a kids-free evening while their children get to stay and play at the YMCA! Children will have fun with arts and crafts time, swimming, games, movies and more. The YMCA will even take care of children's dinner! Kids Night Out is available the Frist Friday of every month at Oakland Y. This is a very popular event, so be sure to register early!

Ages : 18mos-12 Y/O

Cost : \$25 members / \$30 Non-Members



HALLOWEEN FAMILY EVENT

OCTOBER 25TH FROM 5:30-8PM

Come celebrate Fall with us this year! Join us in the pool as you swim and dunk to the mini pumpkin of your choice. In addition enter the pumpkin decorating contest for a chance to win a new Bike !

Event Entrance: Free

Large pumpkin decorating contest

Pre-Registration:\$5

At the Door Registration:\$7

Pumpkin Pool Patch: \$5