



# YMCA OF THE EAST BAY HEALTH HISTORY FORM

Complete one form per child



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SUMMER DAY CAMPS 2019

Grades K-12th  
OAKLAND YMCA  
Oaklandymca.org

# BEST SUMMER EVER™



### QUESTIONS ?

#### Contact

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**Youth and Families Programs**

**Associate Director**

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www.play-well.org



### PARTICIPANT'S INFORMATION

**Child's Full Name** .....

Gender ..... Age ..... Birthdate ..... Grade ..... Race/Ethnicity .....

Address .....

City ..... Zip ..... Home Phone .....

**Parent/Guardian (1) Name** ..... **Parent/Guardian (2) Name** .....

Birthdate ..... Race/Ethnicity ..... Birthdate ..... Race/Ethnicity .....

Employer ..... Occupation ..... Employer ..... Occupation .....

Daytime Phone ..... Daytime Phone .....

Cell Phone ..... Cell Phone .....

Email Address ..... Email Address .....

### ADDITIONAL INFORMATION

#### Emergency Information

Authorized persons to be called in case of an emergency when parents cannot be reached:

Name	Phone	Relationship
.....	.....	.....
.....	.....	.....
.....	.....	.....

#### Information Required By State Law

Health Insurance Company .....

Policy Number .....

Family Physician .....

Address ..... Phone .....

Family Dentist .....

Address ..... Phone .....

Tetanus Immunization Date .....

#### Health Record (Check applicable conditions or allergies)

- Ear infections
- Convulsions
- Rheumatic Fever
- Diabetes
- Insect Stings
- Poison Oak
- Hay Fever
- Penicillin
- Behavior Problems: .....

Other: .....

Operations, serious injuries, diseases, restrictions on physical activity: .....

#### Child Release Authorization

Persons authorized to pick-up child from the facility (parents must be listed below):

Name	Phone	Relationship
.....	.....	.....
.....	.....	.....
.....	.....	.....

Persons NOT authorized to pick-up child from the facility:

Name	Phone	Relationship
.....	.....	.....
.....	.....	.....
.....	.....	.....

#### Child in Custody of (Check one):

Both parents  Mother  Father  Other: .....

#### Child Lives with (Check one):

Both parents  Mother  Father  Other: .....

#### Parent/Guardian Authorization

This Health History is correct, so far as I know, and the person herein has permission to engage in all prescribed program activities. I give permission to the physician selected by the YMCA to order x-rays, routine tests, and treatment for the health of my child, and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the YMCA to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child named above. Recognizing that the YMCA will do its best to ensure a safe experience, I understand that certain dangers or accidents may occur. I hereby release the YMCA from all responsibility and liability of any nature, including claims from injury, illness, death, loss or damage, resulting from my child's participation in program activities. Photos of my child may be used for promotional purposes. This form may be photocopied for use away from the main program site. I authorize the YMCA staff to apply sunscreen to my child's exposed skin, on an as-need basis.

Parent/Guardian Signature ..... Date .....

OAKLAND 2350 BROADWAY, OAKLAND, CA 94612

P 510 451 9622 F 510 451 0614

# BEST SUMMER EVER



## SUMMER DAY CAMPS 2019 Grades K-12th OAKLAND YMCA Oaklandymca.org



Oakland YMCA Day Camps offer children positive developmental experiences and encourages them to forge bonds with each other and with staff while developing confidence through skill-building activities suited to their ages. Day campers are able to explore creativity, teamwork and leadership in a wide range of physically active programs that influence lifelong learning and healthy living. With increased emphasis on child safety, learning traditions, personal values and social skills, today's camp is more vital than ever.

**REGISTRATION coming soon!** February 5th 2019

Please register at Membership desk or at [ymcaeastbay.org/register](http://ymcaeastbay.org/register)

For all camps a \$25.00 non-transferable/refundable deposit per child for each week will reserve their space in camp. All camp registration and payment must be made two weeks (14 days) before the start of each week or the deposit will be forfeited and the reservation cancelled.

\* Please refer to the refund policy

### DATES / THEMES

- WEEK 1:** JUNE 3-7 Time Travelers
- WEEK 2:** JUNE 10-14 Rainforest Adventure
- WEEK 3:** JUNE 17-21 Tropical Paradise
- WEEK 4:** JUNE 24-28 Mad Science
- WEEK 5:** JULY 1-3 Adventure land
- WEEK 6:** JULY 8-12 Urban Adventures
- WEEK 7:** JULY 15-19 Sports Extravaganza
- WEEK 8:** JULY 22-26 Under the Sea



### SUMMER CAMP 2019 TENTATIVE FIELD TRIP

- Oakland Museum
- Oakland A's Game
- East Oakland Water park
- San Francisco Exploratorium
- SFOMA
- Great America
- San Francisco Aquarium
- Oakland Zoo
- Prescott Circus
- Adventure playground
- Fairyland

\*Subject to change



### TIMES

Program Hours  
9 am - 4 pm

### EXTENDED CARE

7-9 AM and 4-6pm

As a part of the Y's commitment to support busy families we provide extended care FREE of charge.



### HEALTH HISTORY FORM

Registration is not complete until your child has a completed and signed Health History Form on file at the YMCA prior to the first day of camp. This form provides important information to camp staff regarding the health and wellness of your child; for example: authorized adults who can pick-up your child, important contact phone numbers and any medical needs that staff should be aware of.

### THIRD PARTY PAYMENT POLICY

Families that receive subsidy from another agency are still required to register children at the YMCA and submit all necessary paperwork as well as pay the deposit for each camp week. (See 3rd Party Payment Contract) For all payments that the agency denies, parents will be required to make all necessary payments. YMCA will refund deposits after the 3rd Party Agency has paid the YMCA in full.

### LATE PICK UPS

All children not picked up by the end of camp day will be assessed the late fee of \$1.00 for every minute, due to additional staff support needed to supervise a child beyond their scheduled shift. All charges are due at time of pick up or before your child returns to camp

### FINANCIAL AID

The Y is committed to ensuring that everyone has the opportunity to learn, grow, and thrive. To help, the Downtown Oakland YMCA provides financial assistance for those who may not be able to afford the full cost of programs and services. By offering a financial assistance program, Y programs can be accessible to individuals and families at all income levels without maintaining a fee structure that is artificially low or that compromises program quality.



### TENTATIVE SCHEDULE



Monday	Tuesday	Wednesday	Thursday	Friday
7:00 - 9a.m. Table Games / Crafts/ Game	7:00 - 9a.m. Table Games / Crafts/ Game	7:00 - 9a.m. Table Games / Crafts	7:00 - 9a.m. Table Games / Crafts	7:00 - 9a.m. Table Games / Crafts/ Game
9:00-9:20am Breakfast	9:00-9:20am Breakfast	9-9:20 am Breakfast	9-9:50 am Breakfast/Opening circle	9:00-9:20am Breakfast
9:20-9:50 Opening circle	9:20-9:50 Opening circle	9:20-9:50 am Opening circle	9:50-10:10 am Group Chat	9:20-9:50 Opening circle
10:00-11am Rotation 1 (arts, sports, science, Creative Dance)	10:00-11am Rotation 1 (arts, sports, science, Creative Dance)	9:50-10:00 am Group Chat	10:10-10:30am Prepare to Leave to Lakeview library /Park	10:00-10:20am Prepare to swim
11:10-12pm Rotation 2 (arts, sports, science, Creative Dance)	11:10-12pm Rotation 2 (arts, sports, science, Creative Dance)	10:10-10:30am Prepare to Leave	10:30-11:10am Travel to Lakeview library / Park.	10:20-11:30am Swimming
12:10-12:45pm Lunch	12:10-12:45pm Lunch	11-2pm Field Trip	11:15-11:45pm Lunch	11:30am-12pm Changing from Swimming
1-1:30pm Group Reading	1-1:30pm Group Reading	2-2:30pm Travel back to DOY	12-1pm Library	12:10-12:45pm Lunch
1:40-2:30pm Rotation 3 (arts, sports, science, Creative Dance)	1:40-2:30pm Rotation 3 (arts, sports, science, Creative Dance)	2:30-3:30pm Group Reading	1-2pm Field Games	12:55-1:30pm Group Reading
2:40-3:30pm Rotation 4 (arts, sports, science, Creative Dance)	2:40-3:30pm Rotation 4 (arts, sports, science, Creative Dance)	3:30-4pm After Noon Circle / Snack	2-2:15pm Prepare to leave	1:40-2:30pm Rotation 3 (arts, sports,)
3:40-4pm Snack	3:40-4pm Snack	4:00 -6:00pm. Table Games / crafts	2:15-3:15pm Travel back to DOY	2:40-3:30pm Rotation 4 (arts, sports,)
4:00-6:00 p.m. Table Games / crafts	4:00-6:00 p.m. Table Games / crafts		3:15-4pm After Noon Circle /Snack	3:40-4pm Snack
			4:00 -6:00 p.m. Table Games / crafts	4:30-6:00 p.m. Table Games / crafts





## Day Camp Descriptions and Details

### TRADITIONAL DAY CAMP

Our camp is an exciting, safe community for your children to explore the outdoors, build self-esteem, develop interpersonal skills and make lasting friendships and memories. Swimming, arts and crafts, group games, and exciting trips will pack the Summer days. Campers will be divided into the following age groups.

**DATES:** June 3rd– July 26th  
(NO camp July 4th & 5th)

**Levels:** Entering grades in August 2019

**Discovery:** Kinder-1, 1:8 ratio

**Explorer:** Grades 2-3, 1:10 ratio

**Adventure:** Grades 4-5, 1:10 ratio

**Movin'On:** Grades 6-8, 1:12 ratio

**COST:** Facility Members - \$280  
Community Members - \$290

**Week 5, July 1st- 3rd cost:**

Facility Member - \$220

Community Member - \$240



### SPECIALTY DAY CAMPS

#### Splash camp

We welcome children to swim, play and learn aquatic safety habits. Campers

enjoy a 30-minute swim lesson and

30-minutes recreational swim daily in our indoor heated pool. Lessons are taught by our YMCA swim instructors.

**DATES:**

Week 5 July 9-13

Week 6 July 16-20

Week 7 July 23-27

**AGES:** Discovery: Entering k-1

Explorer: Entering 2-3

**COST:** Facility Members \$290

Program Members \$315



#### BASKETBALL CAMP

Youth Basketball camp where participants are divided into age appropriate groups. Participants are supported and challenged by our coaches to learn new skills and improve existing ones through drills, competition and instruction.

**DATE:** Week 1 June 3-7

**AGES:** 4-8th Grade

**COST:** Facility Members \$290

Community Members \$315



OAKLAND Y 2350 BROADWAY, OAKLAND, CA 94612

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### Mini Coding Dojo (K-3rd):

Using iPad/Asus Tablet applications like Scratch Jr, Kodable, Light bot, and Bloxels coupled with hands on board games that promote social problem-solving, Code Fu's TK-2 Dojo teaches students the computational logic of Computer Science/ coding as well as provides them with an introduction into a number of block based coding languages. We focus on creating advanced applications and games which will provide students with an introduction into computational logic skills and basic programming languages.

**DATE:** Week 4 June 24—June 28th

Week 8 July 22—July 26th

**AGES:** k-3rd grade

**COST:** Facility Members \$290



### Jedi Master Engineering using LEGO®

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO X-Wings, Pod Racers, Cloud Cities, and other complex machines and structures from a galaxy far, far away.

**DATE:** Week 7 July 15th—July 19th

**AGES:** 8-10 years' old

**COST:** Facility Members \$290

Community Members \$315

### Harry Potter Master Engineering using LEGO®

Master the magic of Harry Potter using LEGO®! Build Diagon Alley in preparation for your trip to Hogwarts School of Witchcraft and Wizardry. Hop on your Broomstick and play Quidditch, challenge the serpentine Basilisk, and face the evil Voldemort. Hone your magical skills while learning about advanced Muggle (STEM) concepts.

**DATE:** Week 3 June 17th—June 21st

**AGES:** 4-5th Grade

**COST:** Facility Members \$290

Community Members \$315

**FINANCIAL AID AVAILABLE**

### Upper Coding Dojo (4-8th):

Using a number of fun Coding languages designed specifically for kids in 3rd - 5th grade such as Scratch/Hopscotch along with HTML, CSS, JavaScript, Python, and Ruby, students will be creating a variety of projects from games to customized websites; allowing them to learn the computational logic of Computer Science and real languages used in the software engineer world. We focus on creating personalized websites about a topic that interests our students. They surf the web, collect pictures, videos, and use HTML, CSS & .Js (javascript) to customize their website. At the end of the course, they each do a brief presentation for the class highlighting all of their hard work.

**DATE:** Week 4 June 24—June 28th

Week 8 July 22—July 26th

**AGES:** 4-8th grade

**COST:** Facility Members \$290

Program Members \$315



### Jedi Engineering using LEGO®

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

**DATE:** Week 7 July 15—July 19th

**AGES:** k-3rd Grade

**COST:** Facility Members \$290

Community Members \$315

### CAMPER IN LEADERSHIP TRAINING

Pronounced "silt", the Camper in Leadership Training (CILT) program is designed to teach and inspire rising 9th and 11th graders. Hands-on training experiences and professional development workshops provide the foundation of the program. Participants will learn basic safety, group control, games, camp best practices and engage in activities that provide. Teens will receive a Volunteer certificate of 352 volunteer hours of completion at the end of the program.

**DATE:** Session 1: June 3—July 5th

Session 2: July 8—August 2nd

**AGES:** 9th-11th grade

**COST:** Facility Members \$100

Community Members \$150



Community Members \$315