



WINTER SESSION JANUARY 26TH – MARCH 2ND

YOUTH PROGRAM SCHEDULE

Monday Tuesday Wednesday Thursday Friday Saturday

Hip-Hop/Jazz
5-6:00pm



Teen Game Night
5-8:00pm

Kids Night Out
1st Friday of the month
6-10:00pm

Kids Paint Night Out
3rd Friday of the month
6-10:00pm

Stem Fundamentals using Lego
9:30-11:30am
Pre-Ballet
9:30-10:30am

Youth Ballet
10:35-11:35pm
Messy Play
12-1pm



WINTER BREAK AT THE Y

Week 1 : Dec 26-28th
Week 2: Jan 2-4th
Facility Members: \$160,
Non-Members \$175
Hours: 7am-6pm



Youth Basketball clinics will resume after Spring session

Please register at Membership desk or at www.ymcaeastbay.org/register

Pre-Ballet:

Our instructors lead participants in an introduction to ballet basics. Children will enhance balance, coordination, rhythm, and dance skill in a nurturing environment. We invite family and friend to join us the end of each session for a dance performance!

Age: 3-5 year old
Facility Members: \$72,
Non-Members \$92

Ballet: Our Ballet class is designed to inspire and encourage your child while instructing them in essential ballet positions, such as foot and posture alignment, working at the barre, executing floor exercises, turns, leaps and more.

Age: 5-7 year old
Facility Members: \$72,
Non-Members \$92

Messy play: Class Descriptions

Age-appropriate, carefully supervised, and messier than a mob of monkeys in an art supply store, these classes offer a structured environment for kids to get their hands dirty while making new friends and wild creations. We'll make projects using everything from bubbles, paint, mud, shaving cream and more

Age: 3-7 years old
Facility Members: \$45,
Non-Members \$60

Kids Paint Out: Join a night of painting fun just for kids! Kids Paint Night Out where kids paint, play and eat pizza. while you have a date night, Kids paint night. This special Paint Night experience led by a local artist. All painting supplies and instruction are included

Age: 4-12 years old
Facility Members: \$25,
Non-Members \$30

Kids Night Out:

On the first Friday of each month, bring your kids to participate in a fun, supervised program so you can enjoy a kid free night! Your children will enjoy games, sports, crafts a movie and a meal, while you enjoy an evening out.

Age: 18mo-12 year old
Facility Members: \$25,
Non-Members \$30

Hip-Hop /Jazz:

This high-energy, fun-filled class will teach basic beginner hip hop/jazz moves. Students will enhance coordination, work on rhythm, musicality, and isolations through fun dances and dance games.

Age: 5-8 years old
Facility Members: \$72,
Non-Members \$92

Stem Fundamentals using Lego

Gear up your engineering skills with Play-Well Technologies and tens of thousands of LEGOS® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects like Houseboats and Mini Golf Courses. Design and build as never before, and explore your craziest ideas in a supportive environment

Date: January 26th-March 2
Age: 5-9 years old
Facility Members: \$132,
Non-Members \$152 Updated 12.17.18

QUESTIONS?

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Financial Aid Available