



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA CAMP LOMA MAR Camper In Leadership Training (CILT) Program Leader In Training (LIT) Program

Who is a CILT?

A CILT is a teenager entering 9th – 10th grade in the fall who wants to improve their leadership skills. The CILT program will incorporate aspects of learning about teamwork, leadership, and group development while working with a CILT group of peers for the 2 week session. The CILT Program is designed to be an introduction to what leadership at camp is like, and to provide a fun and enriching experience for CILTs.

Who is a LIT?

An LIT is a teenager entering 11th-12th grade in the fall who wants to take their camp leadership experience to the next level. Through this program they will develop the skills, experience, and camp know-how that the YMCA and other organizations look for in paid camp staff positions. It is not necessary to have been a CILT to apply to be an LIT.

Applicants to both programs must exhibit an interest and desire to learn leadership skills, take on responsibilities, and participate in a program with peers. An indication may be demonstrated by, but not limited to, leadership in school, youth activity group, or prior camp experience. It should be understood that CILTs and LITs are still campers and as such will abide by the rules and regulations affecting campers. CILTs and LIS must be in good physical and emotional health.

What is a CILT/LIT?

CILTs work under the direction of the CILT Director, and LITs work under the direction of the LIT Director, as well as other camp staff. CILTs and LITs divide their time between their CILT/LIT training workshop activities, teambuilding, activity and cabin leadership opportunities and special projects as well as supporting overall camp operations. CILTs/LITs develop cohesion through group projects facilitated by the CILT/LIT Director. The programs' content emphasizes personal growth through value clarification and individual and group goal setting, communication skills, planning, organizing, and evaluating experiences. The programs will also emphasize practical skills for use with small groups of campers, and individual responsibility and accountability. The CILT and LIT programs will occur during the same time frame, but will operate separately during the sessions of camp.

CILT/LIT Sessions

CILT Session 1: June 30 - July 14

CILT Session 2: July 14 – 28

Assistant Leader (AL) Session*:

July 28 – August 3**

*The AL program is specifically for those who are participating in their final LIT opportunity, have completed at least 1 year in the program, and have a successful LIT session this summer. This program is designed to provide those who may be interested in applying to be on staff in the future the opportunity to get a better understanding of the staff role and take on additional responsibility. While we fully expect all eligible LITs to be invited into this program, in the unlikely event that they did not have a successful LIT session, they would not be able to participate in the AL program. We would inform them of this during their LIT session. There is no cost to participate in the AL program.

** For the week of July 28th, we will be hosting Camp Corral, a week long camp for children from military families not open to the public. The AL program will run during this week and follows a similar schedule to a normal camp session, but will begin at 1:30pm on the 28th and end on Saturday instead of Sunday (one day shorter than a normal session of camp).

CILT Fees:*

First Year CILT: \$685

Second Year CILT: \$585

LIT Fees*

First Year LIT (no previous CILT Experience): \$685

Second Year LIT (1 year previous CILT Experience): \$585

Third Year LIT (entering 11th grade with 2 year's previous CILT Experience): \$375

Third Year LIT (entering 12th grade): No Fee

*Camperships are available for families who qualify

How do I become a CILT or LIT?

Please fill out the application and three reference forms and return them to the YMCA. References should be persons who have known you for at least two years and have had an opportunity to witness your interaction with peers and/or children. References may not be relatives. Prior CILTs may only submit one reference from camp staff. CILT/LIT applications are evaluated on the basis of content of application and references. An interview may also be scheduled.

Timetable – NOTE: Decisions are not made until after the March 15 submission deadline.

CILT/LIT Applications & References due at YMCA: March 15, 2019

Notification of status: April 15, 2019

Return completed application and references for Camp Loma Mar to:

Via mail:

YMCA Camp Loma Mar
9900 Pescadero Creek Road
Loma Mar, CA 94021

Via fax to 650-879-2101

Via email to wmann@ymcaeastbay.org

For more information, contact:

Wyatt Mann at 925-667-2222 or wmann@ymcaeastbay.org

**YMCA of the East Bay
Overnight Camps CILT/LIT Application**

Please print clearly, Use additional paper if necessary

Name _____ Phone _____

Address (include City/State/Zip) _____

High School _____ Grade Entering Fall 2019 _____

Applying For (Circle One) **CILT**(grades 9-10) **LIT** (grades 11-12)

E-mail address (print clearly) _____

Please describe your camping experience: _____

Please describe your experience working with children: _____

Please describe your leadership experience: _____

What have you learned about yourself from these experiences: _____

Have you been to YMCA Camp Loma Mar before? (if yes, please indicate years and counselors)

Have you been a CILT/LIT at Loma Mar before? _____ If yes, how many years? _____

Please describe your experience in those cabins (i.e. what was effective, could have been improved on, etc.): _____

How would you describe the role of CILT/LIT? _____

Why do you want to be a CILT/LIT? _____

1st Choice CILT/LIT Session: _____

2nd Choice CILT/LIT Session: _____

Are there any sessions you are unable to attend due to conflicting dates? _____



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YMCA of the East Bay Overnight Camps CILT/LIT Application Reference Form

Please print clearly, Use additional paper if necessary

Name of CILT/LIT Applicant: _____

Name of Reference: _____

Contact Information (phone, email, etc.): _____

You have been asked to be a reference for the above named applicant. We consider your input invaluable as a part of our evaluation process for our teen leadership program. We invite you to ask the applicant about the CILT/LIT program. We thank you in advance for your help and ask that you please return this form to the applicant. You are welcome to enclose it in a sealed envelope.

How long have you know the applicant? _____ In what capacity? _____

Please describe how the applicant interacts with children and/or peers: _____

Please describe the applicant's leadership qualities/abilities: _____

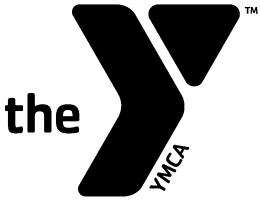
Please describe the applicant's strengths: _____

Please describe the applicant's opportunities for growth: _____

Please add anything else you would like us to know about the applicant: _____

Please return this form to the applicant or send it directly to YMCA Camp Loma Mar, 9900 Pescadero Creek Rd, Loma Mar, CA 94021 or fax to 650.879.2101 or email to wmann@ymcaeastbay.org

Thank you for your assistance with this important process.



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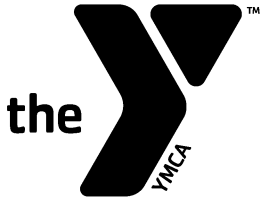
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